

YOUR GUIDE TO CRPS SERVICE DOGS:

Types of Canine Support Based on How CRPS Impacts You

I have trouble with or the following triggers pain to do...

- Using my arms to open doors
- Bending over to pick up items
- Falling down easily and/or often
- Feeling unsteady when I walk
- Getting out of a chair/off toilet
- Repetitive movements
- Picking up heavy items
- Doing household chores
- Getting dressed/undressed
- Safely going up or down stairs

I may need a
**MOBILITY
SERVICE DOG**

I have trouble with, I experience, or I need help with...

- PTSD flashbacks/triggers
- Anxiety
- Depression
- Getting medication when needed
- Getting human helper's attention
- Waking from pain nightmares
- Needing a beverage for dry mouth
- Breaking me out of flashbacks
- Sensory overload episodes
- Interrupting harmful habits

I may need a
**PSYCHIATRIC
SERVICE DOG**

I experience...

- Seizures
- Migraines
- Diabetes
- Food Allergy
- Heart Rate/Blood Pressure Swings

I need help with...

- Knowing to take meds before a seizure or pain flare hits
- Getting help when I'm incapacitated
- Getting medication on time
- Reminders to get up and move; sitting causes pain flares

I may need a
**MEDICAL ALERT
SERVICE DOG**

CRPS is all over the map for some - you might need a dog that does a bit of everything, which is fine!

This chart is meant to get you started with your trainer or program research to narrow your focus, & to teach you the buzz words they'll recognize and better understand how to help you best. It is not a complete list of how these types of support dogs can possibly help someone.